

# HEROES WANTED

## SPANDEX OPTIONAL

BECOME A RED CROSS DISASTER MANAGEMENT VOLUNTEER

**ANYTIME. ANYWHERE.**

RESPONDING TO THE NEEDS OF THOSE AFFECTED BY DISASTER  
WHENEVER DISASTER STRIKES.

### Volunteering with the Canadian Red Cross

**Date: May 30th**

**Time: 9:30am**

**Place: Manitoba Start  
client lounge (room 100)**

